**Supporting Events National Salt Awareness Week 2006**

Over 700 complimentary health professional packs were distributed at the end of 2005 throughout the whole of the UK . Packs were sent to health professionals (including dietitians, nutritionists and health promotion units) who work in leisure and fitness centres, hospitals, GP surgeries, health charities, educational institutions, the food industry and government organisations

Below are examples of how the resources were used during the Week:

Jacqueline Farthing, Frances Gormon, Wendy Bowles, Royal Brompton and Harefield NHS Trust

"We had a poster display raising awareness about salt and its effect on health during the Week"

Christina Gray, Assistant Director of Public Health: Health Inequality, Bristol North Primary Care Trust

"The Knowledge resource and information service for Bristol , North Somerset and South Gloucester published Salt Awareness Week and invited Local healthcare professionals to contact us for a resource pack in order to put on their own event"

Kate Norbury, Public Affairs Committee Devon Federation of Women's Institute (WI)

"We have the following projects in progress:

.  Blood Pressure Screening Day in our village in co-operation with local GP practice with WI members giving strategic help with practical demonstrations and instruction on how to read the label

.  \* In April I am a speaker at a County health day when I am following the Consultant from the Penninsula Medical School  who is talking about high blood pressure with again the message of salt reduction

.  \* At the WI Annual Council meeting later this year I will be talking to several hundred WI members on the subject and having a exhibition and stall available for literature etc. and I will be in touch with you shortly for visual aids, posters leaflets etc

.  \* I do regular six or seven talks a year to WI all over the county and have many booked for this year"

**Other organisations highlighting the day**

The event was listed on a number of websites/newsletters including; St George's Hospital website, SUSTAIN, BPA, Race for Health, a number of PCT websites (including Bristol ), and a number of ethnic minority websites aimed at health.