



# Sausage Survey 2011

Product information was collected from product packaging or online during May and June 2011. See CASH website for further information.

\* 100g and portion data calculated where possible when full information not provided on pack

\*\*cost correct at time of collection (June 2011) but subject to change and variation between stores

## Data sorted by 100g from highest to lowest

<u>Brand</u>	<u>Product Name</u>	<u>Fresh or Frozen</u>	<u>Category</u>	<u>Range</u>	<u>Pack Weight (g)</u>	<u>Recommended portion</u>	<u>Salt / 100g *</u>	<u>Salt / portion (g) *</u>	<u>Cost/ 100g**</u>
Richmond	12 Skinless Sausages	Fresh	Chipolata	Economy	319	1 Sausage (23g)	2.3	0.5	£0.51
Richmond	18 Skinless Frozen Sausages	Frozen	Chipolata	Economy	479	1 Sausage (23g)	2.3	0.5	£0.31
Richmond	8 Skinless Sausages	Fresh	Chipolata	Economy	213	1 Sausage (23g)	2.3	0.5	£0.65
Richmond	12 Thick Sausages	Fresh	Sausage	Economy	681	1 Sausage (49g)	2.2	1.1	£0.29
Richmond	8 Thick Sausages	Fresh	Sausage	Economy	454	1 Sausage (49g)	2.2	1.1	£0.46
Richmond	16 Thick Freshly Frozen Sausages	Frozen	Sausage	Economy	725	1 Sausage (38g)	2.2	0.8	£0.28
Richmond	12 Thin Sausages	Fresh	Chipolata	Economy	340	1 Sausage (23g)	2.2	0.5	£0.51
Richmond	18 Thin Sausages	Fresh	Chipolata	Economy	510	1 Sausage (23g)	2.2	0.5	£0.52
Royal Berkshire	Free Range Traditional Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	2.13	1.50	£0.70
Sainsbury's Butcher's Choice	British 12 Large Pork Sausages	Fresh	Sausage	Standard	681	1 Sausage	2.12	1.00	£0.44
Sainsbury's Butcher's Choice	British 8 Large Pork Sausages	Fresh	Sausage	Standard	454	1 Sausage	2.12	1.00	£0.44
Broad Oak Farm	8 Lincolnshire Pork Sausages	Fresh	Sausage	Premium	454	1 sausage (57g)	2.00	1.00	£0.57
Iceland	8 Thick Pork Sausages	Fresh	Sausage	Standard	454	1 Sausage	2.0	1.0	£0.22
Feasters	12 Pork Thin Sausages	Fresh	Chipolata	Standard	340	1 Sausage	1.94	0.47	£0.29
Sainsbury's	20 Thick Pork Sausages	Frozen	Sausage	Standard	1000	1 Sausage	1.93	0.77	£0.13
Debbie & Andrew's	Perfect Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.9	1.2	£0.50
Great Value	40 Sausages	Frozen	Sausage	Economy	2000	1 Sausage	1.9	1.0	-
Sainsbury's Butcher's Choice	British 8 Pork Sausages, 50% Less Fat	Fresh	Sausage	Healthy	454	1 Sausage	1.86	0.93	£0.44
Sainsbury's Butcher's Choice	British 8 Lincolnshire Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.86	0.88	£0.44
Feasters	8 Pork Thick Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.82	0.91	£0.22
The Famous Porkinson	Banger	Fresh	Sausage	Premium	398	1 Sausage (61g)	1.8	1.1	£0.68
Linda McCartney	6 Vegetarian Sausages	Frozen	Vegetarian	Vegetarian	300	1 Sausage	1.8	0.9	£0.61
Wall's	8 Peppered Pork Sausages	Fresh	Sausage	Standard	454	1 Sausage (46g)	1.8	0.8	£0.50
Morrisons The Best	12 Pork Chipolatas	Fresh	Chipolata	Premium	375	1 Sausage	1.8	0.5	£0.69
The Famous Porkinson	Chipolata	Fresh	Chipolata	Premium	375	1 Chipolata (24g)	1.8	0.4	£0.50

ASDA Extra Special	6 Gluten Free Sausages	Fresh	Sausage	Premium	454	2 Sausages	1.8	1.6	£0.57
Helen Browning's Organics	Speedy Sausages	Fresh	Sausage	Premium	200	Not Provided	1.75	not provided	£1.50
Sainsbury's Butcher's Choice	British 8 Large Beef Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.75	0.85	£0.44
ASDA Smartprice	12 Thick Sausages	Fresh	Sausage	Economy	687	2 Sausages	1.7	1.8	£0.10
Wall's	12 Thick Pork Sausages	Fresh	Sausage	Standard	681	1 Sausage (51g)	1.7	0.9	£0.44
Wall's	8 Sizzling Classics	Fresh	Sausage	Standard	454	1 Sausage (51g)	1.7	0.9	£0.50
Wall's	8 Thick Pork Sausages	Fresh	Sausage	Standard	454	1 Sausage (51g)	1.7	0.9	£0.50
ASDA Chosen By You	(Cook from Frozen) 20 Thick Pork Sausages	Frozen	Sausage	Standard	1000	1 Sausage	1.7	0.8	£0.15
Morrisons The Best	6 Scottish Aberdeen Angus Beef Sausages	Fresh	Sausage	Premium	360	1 Sausage	1.7	0.8	£0.72
Sainsbury's Be Good To Yourself	20 Extra Lean Pork Sausages	Frozen	Sausage	Healthy	1000	1 Sausage	1.70	0.80	£0.24
Wall's	8 Mild Chilli Pork Sausages	Fresh	Sausage	Standard	454	1 Sausage (46g)	1.7	0.8	£0.50
Wall's	16 Sizzling Classics	Frozen	Sausage	Standard	725	1 Sausage (37g)	1.7	0.6	£0.34
Wall's	16 Sizzling Cumberland	Frozen	Sausage	Standard	725	1 Sausage	1.7	0.6	£0.33
Sainsbury's Taste The Difference	6 Scottish Wild Venison and Red Wine Sausages	Fresh	Sausage	Premium	350	1 Sausage	1.65	0.63	£0.74
Royal Berkshire	Free Range Traditional Pork Chipolatas	Fresh	Chipolata	Premium	340	1 Chipolata (34g)	1.63	0.75	£0.82
ASDA	8 Pork Sausages (Scottish Pork)	Fresh	Sausage	Standard	454	Not Provided	1.6	not provided	£0.21
ASDA Chosen By You	4 Foot-Long Pork Sausages	Frozen	Sausage	Standard	700	Half Sausage	1.6	1.1	£0.29
Riley's	Prime Pork Sausage	Fresh	Sausage	Premium	400	75.6	1.6	1.2	£0.65
Debbie & Andrew's	Pork & Apple Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.6	1	£0.50
Morrisons The Best	6 Lincolnshire Sausages	Fresh	Sausage	Premium	454	1 Sausage	1.6	1	£0.57
Morrisons The Best	6 Pork Thick Sausages	Fresh	Sausage	Premium	454	1 Sausage	1.6	1	£0.57
ASDA	8 Reduced Fat Pork Sausages (50% Less Fat)	Fresh	Sausage	Healthy	454	2 Sausages	1.6	1.8	£0.43
Sainsbury's Taste The Difference	6 Fresh Herb Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.60	0.82	£0.65
Morrisons	8 Scottish Beef Thick Sausages (Butchers Style)	Fresh	Sausage	Standard	454	1 Sausage	1.6	0.8	£0.43
Wall's	6 Sizzling Micro Classics	Fresh	Sausage	Standard	275	1 Sausage (46g)	1.6	0.7	£0.76
ASDA Chosen By You	(Cook From Frozen) 20 Thick Pork & Beef Sausages	Frozen	Sausage	Standard	1000	1 Sausage	1.6	0.6	£0.15
Porky Whites	Surrey Pork Chipolatas	Fresh	Chipolata	Premium	380	1 Chipolata (37.8g)	1.6	0.5	£0.64
ASDA	8 Irish Recipe Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.59	0.9	£0.21
ASDA	8 Lincolnshire Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.59	0.9	£0.33
ASDA	8 Lincolnshire Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.59	0.9	£0.33
Sainsbury's Butcher's Choice	British 12 Cumberland Sausages	Fresh	Sausage	Standard	681	1 Sausage	1.58	0.79	£0.44
Sainsbury's Butcher's Choice	British 8 Cumberland Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.58	0.79	£0.44
Sainsbury's Taste The Difference	6 Toulouse Inspired Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.58	0.77	£0.65

Sainsbury's	40 Chipolata Pork Sausages	Frozen	Chipolata	Standard	1000	1 Sausage	1.56	0.31	£0.20
Sainsbury's Taste The Difference	6 Chilli & Coriander Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.53	0.77	£0.65
Sainsbury's Taste The Difference	6 Bramley Apple Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.53	0.74	£0.65
The Black Farmer	Premium Pork & Leek Sausages	Fresh	Sausage	Premium	400	Not Provided	1.53	not provided	£0.55
ASDA Extra Special	10 Cumberland Sausages	Fresh	Sausage	Premium	756	2 Sausages	1.5	2.3	£0.53
The Black Farmer	Premium Pork, Onion and Chive Sausages	Fresh	Sausage	Premium	400	Not Provided	1.52	not provided	£0.65
ASDA Extra Special	6 Cumberland Sausages	Fresh	Sausage	Premium	454	2 Sausages	1.5	2.3	£0.57
Debbie & Andrew's	Harrogate 97% Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.5	0.9	£0.65
Debbie & Andrew's	Harrogate 97% Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.5	0.9	£0.50
Jimmy's Range	Free Range Pork Sausages	Fresh	Sausage	Premium	360	1 Sausage (60g)	1.5	0.9	£0.69
ASDA	12 Cumberland Sausages	Fresh	Sausage	Standard	681	1 Sausage	1.5	0.8	£0.37
ASDA	8 Cumberland Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.5	0.8	£0.33
Morrisons	8 Lincolnshire Thick Sausages (Butchers Style)	Fresh	Sausage	Standard	454	1 Sausage	1.5	0.8	£0.43
Morrisons The Best	6 Pork & Caramelised Red Onion Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.5	0.8	£0.65
Morrisons The Best	Pork, Cornish Cheddar Cheese & Tomato Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.5	0.8	£0.65
Sainsbury's Taste The Difference	6 Caramelised Red Onion & Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.50	0.72	£0.65
Sainsbury's Taste The Difference	6 Pancetta and Parmesan Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.50	0.71	£0.65
ASDA	8 Beef Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.5	0.7	£0.33
Sainsbury's Taste The Difference	6 Leek & Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.50	0.66	£0.65
ASDA Chosen By You	(Cook From Frozen) 20 Irish Recipe Pork Sausages	Frozen	Sausage	Standard	907	1 Sausage	1.5	0.5	£0.17
ASDA	16 Pork Sausages	Fresh	Sausage	Standard	908	2 Sausages	1.5	1.7	£0.20
Sainsbury's	20 Thick Pork Sausages (Improved Recipe)	Frozen	Sausage	Standard	1000	1 Sausage	1.49	0.60	£0.15
Glenview Farm	8 Irish Recipe Sausages	Fresh	Sausage	Premium	454	1 Sausage	1.48	0.84	£0.21
Sainsbury's Taste The Difference	6 Outdoor Bred Cumberland Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.48	0.81	£0.65
Sainsbury's Taste The Difference	12 Outdoor Bred Cumberland Chipolatas	Fresh	Chipolata	Premium	400	1 Sausage	1.48	0.39	£0.65
ASDA Extra Special	6 Pork & Chorizo Sausages	Fresh	Sausage	Premium	454	2 sausages	1.45	2.2	£0.57
Hazlemead Farm	8 Pork Sausages	Fresh	Sausage	Premium	454	Not Provided	1.45	not provided	£0.33
Sainsbury's Taste The Difference	6 Lincolnshire Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.45	0.73	£0.65
Sainsbury's Taste The Difference	12 Ultimate Outdoor Bred Pork Chipolatas	Fresh	Chipolata	Premium	400	1 Sausage	1.45	0.36	£0.65
Sainsbury's Taste The Difference	6 Ultimate Outdoor Bred Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.43	0.67	£0.65

ASDA	12 Thin Pork sausages	Fresh	Chipolata	Standard	340	2 Sausages	1.41	0.8	£0.29
ASDA Organics	6 Pork Sausages	Fresh	Sausage	Premium	350	Not Provided	1.4	not provided	£0.59
Hazelmead Farm	8 Lincolnshire Sausages	Fresh	Sausage	Premium	454	Not Provided	1.4	not provided	£0.33
Rankin Selection	Outdoor Bred Pork & Herb Sausages	Fresh	Sausage	Premium	400	Not Provided	1.4	0.93	£0.65
Rankin Selection	Outdoor Bred Pork Sausages	Fresh	Sausage	Premium	400	Not Provided	1.4	0.93	£0.65
Sainsbury's	Irish recipe Pork Sausages	Fresh	Sausage	Standard	454	Not Provided	1.40	0.66	£0.24
Sainsbury's Taste The Difference	6 Beef & Black Cracked Pepper	Fresh	Sausage	Premium	350	Not Provided	1.40	0.69	£0.74
Saints & Scholars	Fresh Irish Pork & Spring Onion Sausages	Fresh	Sausage	Premium	Not Provided	Not Provided	1.4	not provided	-
Tulip	8 Thick Cumberland Pork sausages	Fresh	Sausage	Economy	454	Not Provided	1.4	not provided	£0.22
Porky Whites	Surrey Pork Sausage	Fresh	Sausage	Premium	454	1 Sausage (75.6g)	1.4	1.0	£0.52
Marks & Spencer	6 Chorizo Sausages	Fresh	Sausage	Standard	400	1 Sausage	1.40	0.93	£0.67
Sainsbury's	14 Lorne Sausages	Frozen	Sausage	Standard	1000	1 Sausage	1.40	0.81	£0.20
ASDA	8 Pork Sausages (British pork)	Fresh	Sausage	Standard	454	1 Sausage	1.4	0.8	£0.33
Marks & Spencer	8 British Pork Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.40	0.80	£0.22
Morrisons	16 Thick Pork Sausages	Fresh	Sausage	Standard	908	1 Sausage	1.4	0.8	£0.20
Morrisons	4 Thick Pork Sausages	Fresh	Sausage	Standard	227	1 Sausage	1.4	0.8	£0.35
Morrisons	8 Thick Pork Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.4	0.8	£0.21
Morrisons The Best	6 Old English Pork Sausages	Fresh	Sausage	Premium	454	1 Sausage	1.4	0.8	£0.57
Morrisons The Best	6 Pork & Leek Sausages	Fresh	Sausage	Premium	454	1 Sausage	1.4	0.8	£0.57
Morrisons The Best	6 Pork, Blossom Honey and English Herb Sausages	Fresh	Sausage	Premium	454	1 Sausage	1.4	0.8	£0.57
Morrisons The Best	Pork & Spicy Chorizo Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.4	0.8	£0.65
Glenview Farm	8 Pork Sausages	Fresh	Sausage	Premium	454	1 Sausage	1.4	0.79	£0.21
Tesco Free From	8 Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages (104g)	1.4	1.5	£0.44
Iceland	8 Thick Pork Sausages Irish Recipe	Fresh	Sausage	Standard	454	1 Sausage	1.4	0.7	£0.22
Marks & Spencer	10 Pork Chipolata Sausages	Fresh	Chipolata	Standard	454	2 Sausages	1.40	1.27	£0.44
ASDA Chosen By You	Butchers Choice 12 Cumberland Sausages	Frozen	Sausage	Standard	600	1 Sausage	1.4	0.6	£0.33
ASDA Smartprice	20 Sausages	Frozen	Sausage	Economy	1000	1 Sausage	1.4	0.6	£0.10
Iceland	20 Irish Recipe Pork & Beef Sausages	Frozen	Sausage	Standard	1000	1 Sausage	1.4	0.6	£0.15
Iceland	20 Thick Pork Sausages	Frozen	Sausage	Standard	1000	1 Sausage	1.4	0.6	£0.15
Morrisons	10 Thin Pork Sausages	Fresh	Chipolata	Standard	320	1 Sausage	1.4	0.5	£0.30
Marks & Spencer	8 British Chipolata Sausages	Fresh	Chipolata	Standard	227	2 Sausages	1.40	0.80	£0.44
ASDA Extra Special	6 Beef Sausages	Fresh	Sausage	Premium	454	2 Sausages	1.4	2.1	£0.57
Marks & Spencer	6 Lincolnshire Sausages	Fresh	Sausage	Standard	400	1 Sausage	1.38	0.93	£0.67
Marks & Spencer	6 Pork Sausages	Fresh	Sausage	Standard	400	1 Sausage	1.38	0.93	£0.67

Waitrose	6 Pork, Wholegrain Mustard and Onion Sausages	Fresh	Sausage	Standard	400	2 Sausages	1.38	1.83	£0.70
Broad Oak Farm	8 Cumberland Pork Sausages	Fresh	Sausage	Premium	454	1 sausage (57g)	1.38	0.78	£0.57
Sainsbury's	(British) Turkey Sausages	Fresh	Sausage	Standard	402	1 Sausage	1.35	0.81	£0.50
Sainsbury's Taste The Difference	6 Sicilian Inspired Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.33	0.59	£0.65
Simply Sausages	Smoked Bacon and Leek	Fresh	Sausage	Premium	400	Not Provided	1.33	not provided	£0.62
Simply Sausages	Smithfield No 1 Recipe	Fresh	Sausage	Premium	400	1 Sausage	1.33	0.80	£0.62
ASDA	8 Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages	1.32	1.5	£0.21
ASDA Extra Special	6 Sweet Chilli Pork Sausages	Fresh	Sausage	Premium	454	3 sausages	1.3	2.0	£0.57
Sainsbury's Free From	10 Pork Sausages	Frozen	Sausage	Standard	454	1 Sausage	1.32	0.48	£0.44
Oak Crown	6 Premium Pork and Apple Sausages	Fresh	Sausage	Premium	454	Not Provided	1.3	not provided	£0.44
Riverway Foods	12 Cumberland Sausages	Fresh	Sausage	Premium	681	Not Provided	1.3	not provided	£0.64
Riverway Foods	12 Pork & Apple Sausages	Fresh	Sausage	Premium	681	Not Provided	1.3	not provided	£0.64
Riverway Foods	12 Pork Sausages	Fresh	Sausage	Premium	681	Not Provided	1.3	not provided	£0.64
The Black Farmer	Premium Pork Sausages	Fresh	Sausage	Premium	400	Not Provided	1.3	not provided	£0.65
The Black Farmer's Daughter	Premium Pork Chipolatas	Fresh	Chipolata	Premium	375	Not Provided	1.3	not provided	£0.69
Tesco Finest	10 British Pork Cumberland Sausages	Fresh	Sausage	Premium	756	2 Sausages (125g)	1.3	1.8	£0.53
Waitrose	6 Gourmet Pork Sausages	Fresh	Sausage	Standard	400	2 Sausages	1.30	1.73	£0.70
Tesco Finest	6 British Pork Toulouse Style Sausages	Fresh	Sausage	Premium	400	2 Sausages (99g)	1.3	1.7	£0.65
Tesco Finest	6 Scottish Beef Sausages	Fresh	Sausage	Premium	454	2 Sausages (124g)	1.3	1.7	£0.57
Waitrose	6 Pork, Leek and Chive Sausages	Fresh	Sausage	Standard	400	2 Sausages	1.30	1.70	£0.70
Waitrose	12 Gourmet Pork Sausages	Fresh	Sausage	Standard	750	2 Sausages	1.30	1.63	£0.71
Waitrose	12 Gourmet Pork Sausages	Fresh	Sausage	Standard	750	2 Sausages	1.30	1.63	£0.53
Morrisons Eat Smart	16 Pork Sausages (40% Less Fat)	Frozen	Sausage	Healthy	907	1 Sausage	1.3	0.8	£0.23
Morrisons The Best	6 Pork & Sweet Chilli Relish Sausages	Fresh	Sausage	Premium	454	1 Sausage	1.3	0.8	£0.57
Morrisons The Best	6 Pork and Bramley Apple Sausages	Fresh	Sausage	Premium	454	1 Sausage	1.3	0.8	£0.57
Morrisons The Best	6 Pork Sausage Selection Pack	Fresh	Sausage	Premium	454	1 Sausage	1.3	0.8	£0.57
Morrisons Value	20 Thick Sausages	Frozen	Sausage	Economy	1000	1 Sausage	1.3	0.8	£0.10
Quorn	6 Cumberland Sausages	Frozen	Vegetarian	Vegetarian	300	1 Sausage (50g)	1.3	0.8	£0.66
Marks & Spencer	6 Venison Sausages	Fresh	Sausage	Standard	340	1 Sausage	1.30	0.75	£0.79
Riverway foods	10 British Cumberland Sausages	Fresh	Sausage	Premium	750	2 Sausages (125g)	1.3	1.5	£0.59
Tesco Butcher's Choice	8 British Beef Sausages	Fresh	Sausage	Standard	454	2 Sausages (108g)	1.3	1.5	£0.43
Tesco Butcher's Choice	8 British Chicken Sausages	Fresh	Sausage	Standard	454	2 Sausages (108g)	1.3	1.5	£0.43

Tesco Finest	6 British Hickory Smoked Pork Sausages	Fresh	Sausage	Premium	400	2 Sausages (105g)	1.3	1.5	£0.65
Tesco Light Choices	8 Cumberland Pork Sausages	Fresh	Sausage	Healthy	454	2 Sausages (101g)	1.3	1.5	£0.44
Tesco Market Value	8 Sausages	Fresh	Sausage	Economy	454	2 Sausages (104g)	1.3	1.5	£0.11
The Co-operative	8 Irish Recipe British Elmwood Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages (114g)	1.3	1.5	£0.33
Waitrose	8 Cambridge Gluten Free Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages	1.30	1.48	£0.48
Sainsbury's	8 Large Pork Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.3	0.7	£0.21
Sainsbury's Basics	8 Pork Sausages	Fresh	Sausage	Economy	454	1 Sausage	1.30	0.70	£0.11
Tesco	8 Lincolnshire Sausages	Fresh	Sausage	Standard	454	2 Sausages (94g)	1.3	1.4	£0.30
The Co-operative	8 Thick British Elmwood Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages (114g)	1.3	1.4	£0.22
Tesco Finest	6 British Pork & Caramelised Red Onion Sausages	Fresh	Sausage	Premium	400	2 Sausages (110g)	1.3	1.3	£0.65
Cauldron	6 Cumberland Vegetarian Sausages	Fresh	Vegetarian	Vegetarian	276	1 Sausage	1.3	0.6	£0.76
Cauldron	6 Lincolnshire Vegetarian Sausages	Fresh	Vegetarian	Vegetarian	276	1 Sausage	1.3	0.6	£0.76
Iceland	Thick Pork & Beef Sausages	Frozen	Sausage	Standard	1000	1 Sausage	1.3	0.6	£0.15
Riley's	10 Traditional Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage (40g)	1.3	0.52	£0.25
ASDA Chosen By You	Butchers Choice 12 Lincolnshire Sausages	Frozen	Sausage	Standard	600	1 Sausage	1.3	0.5	£0.33
Morrisons	8 Cumberland Thick Sausages (Butchers Style)	Fresh	Sausage	Standard	454	1 Sausage	1.3	0.5	£0.43
Morrisons	8 Pork Thick Sausages (Butchers Style)	Fresh	Sausage	Standard	454	1 Sausage	1.3	0.5	£0.43
Tesco Market Value	12 Chipolatas	Fresh	Chipolata	Economy	340	2 Sausages (49g)	1.3	0.7	£0.19
The Co-operative	8 Thin British Elmwood Pork Sausages	Fresh	Chipolata	Standard	229	2 Sausages (57g)	1.3	0.7	£0.43
Dalehead Foods Ltd	Free Range Pork Jumbo Sausages	Fresh	Sausage	Premium	400	Not Provided	1.28	not provided	£0.60
Waitrose	Free Range 8 Hampshire Breed Pork Sausages	Fresh	Sausage	Standard	454	Not Provided	1.28	1.46	£0.61
Waitrose	Free Range 8 Hampshire Breed Cumberland Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages	1.28	1.46	£0.61
Waitrose	Free Range 8 Hampshire Breed Lincolnshire Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages	1.28	1.46	£0.61
Waitrose	Free Range 8 Lincolnshire Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages	1.28	1.46	£0.46
Waitrose	Free Range 12 Hampshire Breed Pork Chipolatas	Fresh	Chipolata	Standard	340	2 Sausages	1.28	0.72	£0.70
Milton Gate	Pork & Bramley Apple Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.27	0.73	£0.50
Sainsbury's Basics	20 Thick Sausages (Improved Recipe)	Frozen	Sausage	Economy	1000	1 Sausage	1.27	0.51	£0.10
Milton Gate	Pork Chipolata Sausages	Fresh	Chipolata	Premium	360	1 Sausage	1.27	0.35	£0.55
ASDA Extra Special	6 Pork, Cheddar & Onion Sausages	Fresh	Sausage	Premium	454	2 sausages	1.3	1.9	£0.57
Waitrose	6 Pork and Sweet Chilli Sausages	Fresh	Sausage	Standard	400	2 Sausages	1.25	1.65	£0.70
Waitrose	8 Premium Pork Sausages	Fresh	Sausage	standard	454	2 Sausages	1.25	1.42	£0.46
Waitrose Essential	British Pork 8 sausages	Fresh	Sausage	Economy	454	2 Sausages	1.25	1.42	£0.21



The Good Little Company	Great Big Sausages	Fresh	Sausage	Premium	360	1 Sausage	1.25	0.7	£0.72
Sainsbury's So Organic	Pork Sausages	Fresh	Sausage	Premium	350	1 Sausage	1.25	0.60	£0.74
Waitrose	12 Premium Pork Chipolatas	Fresh	Chipolata	standard	340	2 Sausages	1.25	0.71	£0.59
Waitrose Organic	Free Range 12 Pork Chipolatas	Fresh	Chipolata	Premium	340	2 Chipolatas	1.25	0.71	£0.44
The Good Little Company	Good Little Sausages	Fresh	Chipolata	Premium	360	2 Sausages (60g)	1.25	0.7	£0.69
Marks & Spencer	6 Cumberland Sausages	Fresh	Sausage	Standard	400	1 Sausage	1.23	0.83	£0.67
Marks & Spencer	6 Pork & Bramley Apple Sausages	Fresh	Sausage	Standard	400	1 Sausage	1.23	0.83	£0.67
Marks & Spencer	20 Butchers Classic Pork Sausages	Fresh	Sausage	Standard	1100	1 Sausage	1.23	0.70	£0.41
Marks & Spencer	8 Butchers Classic Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.23	0.70	£0.44
Duchy Originals	Organic British Pork Sausages	Fresh	Sausage	Premium	400	2	1.23	1.2	£0.77
Duchy Originals	Organic British Pork Chipolatas	Fresh	Chipolata	Premium	340	2	1.23	0.5	£0.91
Oak Crown	8 Irish Sausages	Fresh	Sausage	Premium	454	Not Provided	1.2	not provided	£0.21
Tesco Butcher's Choice	4 British Pork Jumbo Sausages	Fresh	Sausage	Standard	454	1 Sausage (96g)	1.2	1.2	£0.43
Morrisons Value	8 Thick Sausages	Fresh	Sausage	Economy	454	1 Sausage	1.2	1	£0.11
Tesco Finest	6 British Pork, Tomato Salsa & Olive Sausages	Fresh	Sausage	Premium	400	2 Sausages (102g)	1.2	1.7	£0.65
Waitrose	6 Pork, Plum Tomato and Fresh Basil Sausages	Fresh	Sausage	Standard	400	2 Sausages	1.20	1.61	£0.70
Tesco Finest	6 British Pork & Jalapeño Sausages	Fresh	Sausage	Premium	400	2 Sausages (109g)	1.2	1.6	£0.65
Tesco Finest	6 British Traditionally Made Pork Sausages	Fresh	Sausage	Premium	454	2 Sausages (115g)	1.2	1.6	£0.57
Tesco Butcher's Choice	8 British Pork Half Fat Sausages	Fresh	Sausage	Healthy	454	2 Sausages (104g)	1.2	1.5	£0.43
Tesco Finest	6 British Pork, Herb & Lemon Sausages	Fresh	Sausage	Premium	400	2 Sausages (106g)	1.2	1.5	£0.65
Henry Walker & Sons	Venison & Pork Sausages	Fresh	Sausage	Premium	380	1 Sausage	1.2	0.7	-
Tesco Finest	6 British Pork & Italian Cherry Tomato Sausages	Fresh	Sausage	Premium	400	2 Sausages (97g)	1.2	1.4	£0.65
Waitrose Essential	British Beef 8 Sausages	Fresh	Sausage	Economy	454	2 Sausages	1.20	1.36	£0.39
Tesco Butcher's Choice	8 British Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages (99g)	1.2	1.3	£0.43
Tesco Organic	6 British Pork Sausages	Fresh	Sausage	Premium	360	2 Sausages (90g)	1.2	1.3	£0.59
Tesco	16 Pork Sausages	Fresh	Sausage	Standard	908	2 Sausages (101g)	1.2	1.2	£0.20
Tesco	Pork 8 Cumberland Sausages	Fresh	Sausage	Standard	454	2 Sausages	1.2	1.2	-
Tesco	Pork 8 Sausages	Fresh	Sausage	Standard	454	2 Sausages (101g)	1.2	1.2	£0.21
Tesco Butcher's Choice	12 British Pork Cumberland Sausages	Fresh	Sausage	Standard	681	2 Sausages (97g)	1.2	1.2	£0.29
Tesco Butcher's Choice	8 British Pork Cumberland Sausages	Fresh	Sausage	Standard	454	2 Sausages (97g)	1.2	1.2	£0.43
Tesco Butcher's Choice	8 British Pork Lincolnshire Sausages	Fresh	Sausage	Standard	454	2 Sausages (85g)	1.2	1.1	£0.43
Morrisons	15 Thick Pork Sausages	Frozen	Sausage	Standard	725	1 Sausage	1.2	0.5	£0.15
Sainsbury's Butcher's Choice	12 Pork Sausages	Frozen	Sausage	Standard	600	1 Sausage	1.20	0.48	£0.33
Tesco Butcher's Choice	12 British Pork Chipolatas	Fresh	Chipolata	Standard	340	2 Sausages (50g)	1.2	0.7	£0.58
Tesco	Pork 12 Chipolatas	Fresh	Chipolata	Standard	340	2	1.2	0.6	-

Tesco Finest	12 British Traditionally Made Pork Chipolatas	Fresh	Chipolata	Premium	375	2 Sausages (43g)	1.2	0.6	£0.69
Milton Gate	Pork & Herb Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.19	0.62	£0.50
ASDA Extra Special	6 Pork & Leek Sausages	Fresh	Sausage	Premium	454	2 Sausages	1.2	1.8	£0.57
ASDA Extra Special	12 Pork Chipolatas	Fresh	Chipolata	Premium	375	3 sausages	1.2	1.1	£0.69
Waitrose	6 Pork and Bramley Apple Sausages	Fresh	Sausage	Standard	400	2 Sausages	1.15	1.52	£0.70
Waitrose	6 Pork and Caramelised Red Onion Sausages	Fresh	Sausage	Standard	400	2 Sausages	1.15	1.52	£0.70
Waitrose Essential	British Pork 12 Chipolatas	Fresh	Chipolata	Economy	340	2 Sausages	1.15	0.7	£0.44
Marks & Spencer	8 Cumberland Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.15	0.65	£0.44
Marks & Spencer	8 Reduced Fat Butchers Classic Pork Sausages	Fresh	Sausage	Healthy	454	1 Sausage	1.15	0.65	£0.44
Marks & Spencer	6 Pork & Sweet Chilli Sausages	Fresh	Sausage	Standard	400	1 Sausage	1.13	0.75	£0.67
Marks & Spencer	8 Premium Pork Sausages	Fresh	Sausage	Premium	454	1 Sausage	1.13	0.65	£0.44
Marks & Spencer	8 Premium Pork Chipolata Sausages	Fresh	Chipolata	Premium	227	2 Sausages	1.13	0.65	£0.88
Rankin Selection	Beef & Shallot Sausages	Fresh	Sausage	Premium	360	Not Provided	1.13	0.68	£0.83
Heston	4 Duck & Sour Cherry Sausages	Fresh	Sausage	Premium	300	1 Sausage	1.13	0.85	£1.00
Heston	4 Lamb & Coriander Sausages	Fresh	Sausage	Premium	300	1 Sausage	1.13	0.85	£1.00
Waitrose	8 Cumberland Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages	1.13	1.28	£0.46
Waitrose	(Half Fat) 8 Extra Lean Premium Pork Sausages	Fresh	Sausage	Healthy	454	2 Sausages	1.13	1.28	£0.46
ASDA Extra Special	10 Pork Sausages	Fresh	Sausage	Premium	756	2 Sausages	1.1	1.7	£0.53
ASDA Extra Special	6 Pork Sausages	Fresh	Sausage	Premium	454	3 sausages	1.1	1.7	£0.57
Morrisons Eat Smart	8 Thick Pork Sausages (60% Less Fat)	Fresh	Sausage	Healthy	454	1 Sausage	1.1	0.8	£0.43
Morrisons The Best	6 Cumberland Thick Sausages	Fresh	Sausage	Premium	454	1 Sausage	1.1	0.8	£0.44
Jamie Oliver	Beautiful Coarse-textured Italian Style sausages	Fresh	Sausage	Premium	360	2 Sausages	1.1	1.5	£0.81
The Co-operative Truly Irresistible	British Cumberland Pork Sausages	Fresh	Sausage	Premium	400	2 Sausages (134g)	1.1	1.5	£0.65
The Co-operative Truly Irresistible	British Pork & Caramelised Onion Sausages	Fresh	Sausage	Premium	400	2 Sausages (134g)	1.1	1.5	£0.65
Tesco Finest	10 British Pork & Bramley Apple Sausages	Fresh	Sausage	Premium	756	2 Sausages (123g)	1.1	1.4	£0.40
Tesco Finest	6 British Pork & Bramley Apple Sausages	Fresh	Sausage	Premium	454	2 Sausages (123g)	1.1	1.4	£0.57
The Co-operative Truly Irresistible	British Lincolnshire Sausages	Fresh	Sausage	Premium	400	2 Sausages (134g)	1.1	1.4	£0.65
Tesco Finest	6 British Pork & Leek Sausages	Fresh	Sausage	Premium	454	2 Sausages (119g)	1.1	1.3	£0.57
The Co-operative Butchers Choice	British Elmwood 8 Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages (114g)	1.1	1.3	£0.43



Duchy Originals	Organic British Pork Sausages With Herbs	Fresh	Sausage	Premium	400	2 Sausages	1.10	1.2	£0.77
Morrisons	15 Irish Recipe Thick Sausages	Frozen	Sausage	Standard	725	1 Sausage	1.1	0.5	£0.17
Tesco Finest	6 British Pork Chorizo Style Chipolatas	Fresh	Chipolata	Premium	300	2 Sausages (74g)	1.1	1.0	£0.86
Sainsbury's Butcher's Choice	12 Cumberland Sausages	Frozen	Sausage	Standard	600	1 Sausage	1.10	0.44	£0.33
Sainsbury's Butcher's Choice	12 Lincolnshire Sausages	Frozen	Sausage	Standard	600	1 Sausage	1.10	0.44	£0.33
Jamie Oliver	My Cheeky Chipolata	Fresh	Chipolata	Premium	320	3 Chipolatas	1.1	1.3	£0.92
Weight Watchers	8 Premium Pork Sausages	Fresh	Sausage	Healthy	400	1 Sausage (39g)	1.1	0.4	£0.65
Waitrose	12 Pork and Fresh Herb Chipolatas	Fresh	Chipolata	Standard	400	2 Sausages	1.10	0.74	£0.70
Tesco Finest	12 British Cumberland Pork Chipolatas	Fresh	Chipolata	Premium	375	2 Sausages (48g)	1.1	0.6	£0.69
Waitrose	12 Cumberland Pork Chipolatas	Fresh	Chipolata	Standard	340	2 Sausages	1.08	0.64	£0.59
ASDA Extra Special	6 Lincolnshire pork sausages	Fresh	Sausage	Premium	454	2 Sausages	1.1	1.6	£0.57
ASDA	8 Pork & Apple Sausages	Fresh	Sausage	Standard	454	1 Sausage	1.06	0.6	£0.33
Laverstoke Park Farm	Buffalo And Smoked Bacon Sausages	Fresh	Sausage	Premium	400	1 Sausage	1.03	0.68	£1.00
Musk's	6 Newmarket Sausages	Fresh	Sausage	Premium	n/a	n/a	1	n/a	-
ASDA	8 Turkey Sausages	Fresh	Sausage	Standard	454	Not Provided	1.0	not provided	£0.46
Heston	4 Boerewors Sausages	Fresh	Sausage	Premium	300	1 Sausage	1.00	0.75	£1.00
Tesco Finest	6 British Lincolnshire Pork Sausages	Fresh	Sausage	Premium	454	2 Sausages (121g)	1	1.5	£0.57
Tesco Finest	6 British Pork Cumberland Sausages	Fresh	Sausage	Premium	454	2 Sausages (115g)	1.0	1.5	£0.57
The Co-operative Truly Irresistible	British Pork & Sweet Chilli Sausages	Fresh	Sausage	Premium	400	2 Sausages (134g)	1.0	1.3	£0.65
The Co-operative Truly Irresistible	British Pork Sausages	Fresh	Sausage	Premium	400	2 Sausages (134g)	1.0	1.3	£0.65
The Co-operative Butchers Choice	British Elmwood 8 Cumberland Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages (114g)	1.0	1.2	£0.43
ASDA Chosen By You	Meat Free 5 Lincolnshire Sausages	Frozen	Vegetarian	Vegetarian	280	2 Sausages	1.0	1.1	£0.56
Tesco Finest	6 British Pork & Sweet Chilli Sausages	Fresh	Sausage	Premium	454	2 Sausages (108g)	1.0	1.1	£0.57
The Co-operative Butchers Choice	British Elmwood 8 Lincolnshire Pork Sausages	Fresh	Sausage	Standard	454	2 Sausages (114g)	1.0	1.1	£0.43
Morrisons	15 Thick Pork & Beef Sausages	Frozen	Sausage	Standard	725	1 Sausage	1	0.5	£0.18
Quorn	Bramley Apple Bangers	Fresh	Vegetarian	Vegetarian	250	1 Sausage (50g)	1.0	0.5	£0.84
Quorn	Cumberland Sausages	Fresh	Vegetarian	Vegetarian	250	1 Sausage (50g)	1.00	0.50	£0.80
Quorn	Red Leicester and Onion Sausages	Fresh	Vegetarian	Vegetarian	250	1 Sausage (50g)	1.00	0.50	£0.85
Quorn	Sizzling BBQ Bangers	Fresh	Vegetarian	Vegetarian	250	1 Sausage (50g)	1.00	0.50	£0.84
Sainsbury's	6 Meatfree Lincolnshire Sausages	Frozen	Vegetarian	Vegetarian	300	1 Sausage	1.00	0.50	£0.66
Sainsbury's Be Good To Yourself	8 Extra Lean Cumberland Sausages	Fresh	Sausage	Healthy	454	1 Sausage	1.00	0.50	£0.44
Quorn	Sausages	Fresh	Vegetarian	Vegetarian	250	1 Sausage (42g)	1.0	0.42	£0.88
The Co-operative Truly Irresistible	British Pork Chipolata Sausages	Fresh	Chipolata	Premium	340	2 Sausages (68g)	1.0	0.7	£0.76
Tesco Finest	12 British Lincolnshire Pork Chipolatas	Fresh	Chipolata	Premium	375	2 Sausages (48g)	1	0.6	£0.69

ASDA Extra Special	10 Pork & Apple Sausages	Fresh	Sausage	Premium	756	2 sausages	1.0	1.5	£0.34
ASDA Extra Special	6 Pork & Apple Sausages	Fresh	Sausage	Premium	454	2 sausages	1.0	1.5	£0.57
Waitrose	6 Chorizo Style Pork Sausages	Fresh	Sausage	Standard	400	2 Sausages	0.98	1.31	£0.70
Waitrose	12 Aberdeen Angus Beef and Cracked Black Pepper Chipolatas	Fresh	Chipolata	Standard	400	2 Sausages	0.98	0.65	£0.70
Waitrose	6 Pork Toulouse Style Sausages	Fresh	Sausage	Standard	400	2 Sausages	0.93	1.22	£0.70
Riley's	Manchester Sausage	Fresh	Sausage	Premium	400	1 Sausage (40g)	0.75	0.3	£0.64
Riley's	Yorkshire Gold Pork Sausage	Fresh	Sausage	Premium	400	1 Sausage (40g)	0.75	0.30	£0.45
ASDA Chosen By You	Meat Free 6 Glamorgan Sausages	Frozen	Vegetarian	Vegetarian	300	2 sausages	0.6	0.6	£0.53
Quorn	Sausages	Frozen	Vegetarian	Vegetarian	336	1 Sausage (42g)	0.17	0.42	£0.59
Doherty's Pork Sausages	Gluten Free Wheat Free Thick Sausages	Frozen	Sausage	Premium	454	Not Provided	not provided	not provided	£0.44
Holme Farmed	Venison Sausages	Fresh	Sausage	Premium	340	Not Provided	not provided	not provided	-
Debbie & Andrew's	Sicilian Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	not provided	1.1	£0.65
Debbie & Andrew's	Garden Herb 97% Pork Sausages	Fresh	Sausage	Premium	400	1 Sausage	not provided	0.6	£0.65
Jamie Oliver	My Best Cumberland Sausages	Fresh	Sausage	Premium	360	2 Sausages	not provided	1.2	£0.83
Debbie & Andrew's	Harrogate 97% Pork Chipolatas	Fresh	Chipolata	Premium	340	1 Chipolata	not provided	0.4	£0.76