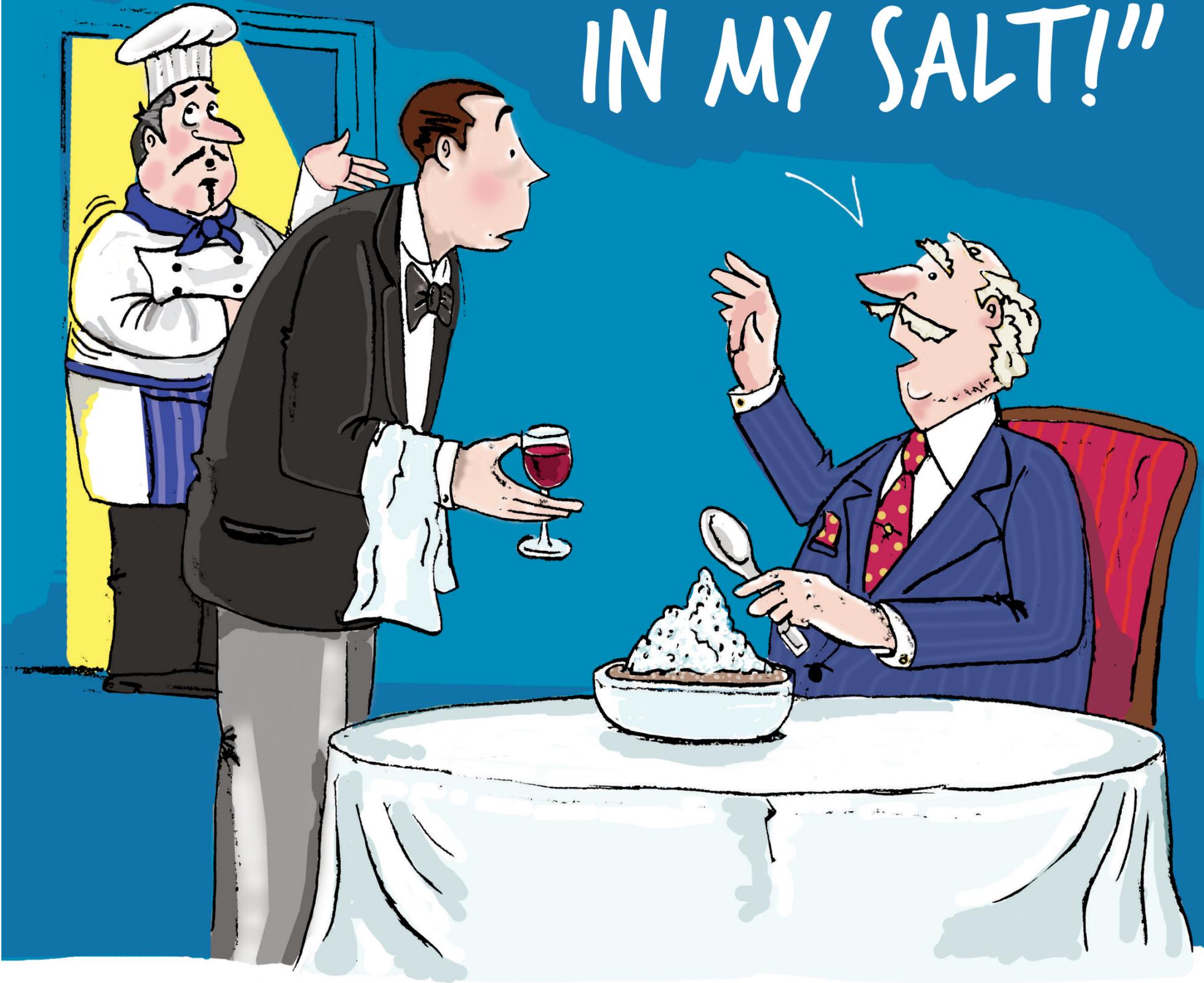


"WAITER! - THERE'S SOUP IN MY SALT!"



Eating too much salt damages our health. Did you know that 75% of the salt we eat is already in the food we buy?

Ask for less salt please!



National Salt Awareness Week

11th - 17th March 2013

To learn more visit
www.actiononsalt.org.uk

